

Ebb and Flow

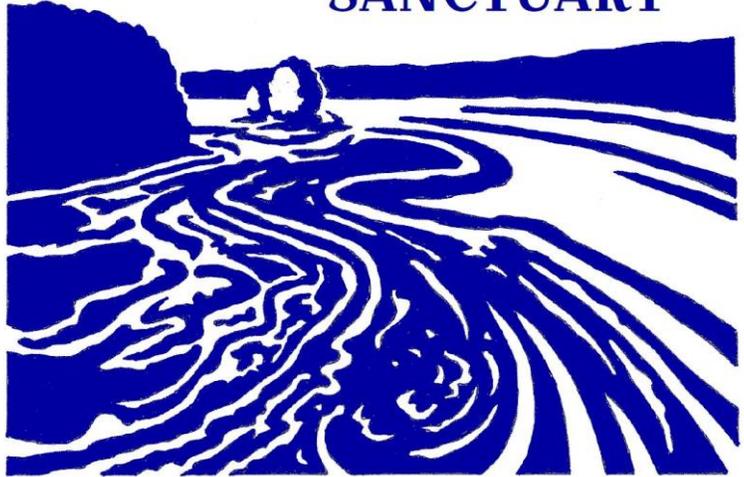
Reversing Falls

Sanctuary

Newsletter

February 2018

REVERSING FALLS SANCTUARY



Annual Appeal Report

This December the Reversing Falls Sanctuary Board initiated an annual appeal for funds and support for building improvements, including a well and a septic system. Spurred by a generous matching fund gift of \$10,000, letters were mailed throughout the peninsula with the hopes of meeting this matching gift goal.

So far we have received \$6960.66, but we need your help. If you did not receive a letter and would like to contribute toward our fundraising efforts, please email you name and address to: ralphandbec@gmail.com or call 326-0899. We will make sure a letter is mailed to you as soon as possible. Consider being included with all of those who have supported the wonderful and vital work that happens at Reversing Falls Sanctuary. Your gift can make a difference.

Bec Poole

Thank you to our anonymous donor for this challenge match.

Thank you Bec Poole for writing the appeal and preparing the mailing.

Thank you to the crew that got out the mailing.

Thank you Karen Adamo, our treasurer, for receiving and recording donations.

And thank you to Zuzonna Huot who writes our thank you notes.

Afghanistan Report

Sunday, February 18, 4 P.M.

Change Agents: *“Why am I politically active? Because there is no other way to generate better living conditions for people. It is the only way. To get involved is to be able to participate, and if one is discontented with the state of things, then one must change them. It makes no sense to think that someone else is going to change them.”* Lahura Emilia Vasquez, 31, high school natural science teacher, Tegucigalpa, Honduras



Presentel: A vigil in Tegucigalpa for those killed since the electoral coup in Honduras.



Lahura Vasquez describes a “youthful effervescence” among the activists in Honduras today, a vibrancy also found in the students and teachers at the Borderfree Nonviolence Community Centre in Kabul, Afghanistan, where volunteers are working to effect positive change in their own society. On February 18, Carolyn Coe, one of those volunteers, will share photographs and audio clips with the stories of young change agents from both Honduras and Afghanistan. Coe will describe the struggle for social change in countries where there are high levels of food and economic insecurity, widespread child labor, and an overall lack of safety.

Youth accompanied their mothers to collect the materials to sew duvets — cotton-filled blankets — an income-generating project.

Up Lifting the Spirit
A Late Winter Film Series
With Lecain Smith

Lately it seems most apparent that there is far too much turmoil, strife, dishonesty, and corruption in the world around us, creating unnecessary pain, fear, and a feeling of separation from what we truly value the most. And so, we need more voices speaking from the heart, cultivating and celebrating the positive values and inner truths we cherish as we share this incredible journey together through life. Since the winter is traditionally a time for introspection and contemplation, it seems right to come together for some inspiration. In that spirit, I am delighted to offer a documentary film series — films of thought provoking true-life stories, spiritual mysteries, and related myths — designed to uplift the spirit and help us move in a more positive way.

Lee

Please see the attached poster for more information and the list of coming events for dates.

Sherrri Mitchell

***Sacred Instructions:
Indigenous Wisdom for Living Spirit-based Change***



Sherrri Mitchell will read from and sign her new published book Saturday, Feb. 24 at 12 noon. Those who have pre-purchased Sherrri's book will receive a reminder. All are welcome. Books will be available for purchase.

Coming Events

Sunday, 2/4, 4 p.m. Women's Circle

Friday, 2/9, 4 p.m. Community Sing

6 p.m. *Mythic Journeys*, first documentary in the film series, *Uplifting the Spirit*.

Monday, 2/12, 9 a.m. – 12 noon, Reversing Falls Board of Directors invites members of the RFS community to come to Brooksville United Methodist Church for a hand-made Postcard Event for an upcoming mailing. Venue: Monday Drop-in Center, 713 Coastal Rd. in Buck's Harbor.

Wednesday, 2/14, 4 p.m. Program Team meets at the Ferrara's

Friday, 2/16, 4 p.m. Community Sing

6 p.m. *The Power of the Heart*, second film in *Uplifting the Spirit* series.

Sunday, 2/18, 4 p.m. Report from Afghanistan by Carolyn Coe.

Friday, 2/23, 4 p.m. Community Sing

6 p.m. *Dying to Know*, third film in *Uplifting the Spirit* series.

Saturday, 2/24, 12 noon. Sherri Mitchell will read from and sign her new book: *Sacred Instructions: Indigenous Wisdom for Living Spirit-based Change*

Friday, 3/2, 4 p.m. Community Sing

6 p.m. *Infinity, the Ultimate Trip*, fourth film in *Uplifting the Spirit* series.

Sunday, 3/4, 4 p.m. Women's Circle



Photos by Carolyn Coe and Pat Wheeler. Carolyn Coe is pictured setting up the sound system to record Robin Wall Kimmerer for broadcast on WERU, something she frequently does for us.

Information at www.reversingfalls.org or on the Reversing Falls Sanctuary facebook