



Ebb and Flow

Reversing Falls Newsletter

September, 2016

Windowdresser 2016 Build is coming the last week in September.

This is our second year of making 300 inserts. Volunteers can go to link

<http://signup.com/go/1G5pD>

If they have questions they can contact Tom Adamo, Volunteer Coordinator at

Radius@myfairpoint.net or 326-8868

Window inserts are high quality clear removable interior storm windows with an R-value of 3. They range in price up to \$30.00 depending on size, and pay for themselves in one heating season. For every 4 inserts sold at full price one is donated to a needy family at the cost of \$1.00 per insert. Window inserts are assembled by volunteers at a “community build” where breakfast and lunch is available. Fun is had while listening to live music and working with good people doing good things as they help friends, neighbors and the earth.

*Work shifts are from **8:30 a.m. -12:30 p.m. and from 1:00 -5:00 p.m.***

*The dates are **Monday 9/26 thru and including Friday 9/30***

*The place is **Brooksville Community Center***

If you are interested in cooking a meal contact our Food Coordinator, Karen Adamo, at the same contact information above.

To volunteer as a musician sign up with Lin at anneandlinparker@gmail.com

The cover photo is from last year’s build and was taken by Carol Gregor.

Congratulations to Galen Davis, Zuzonna Huot, Pat Wheeler and Daksha Baumann for a stunning *Acadia: Nature as Teacher* event. A full house turned out for the opening art exhibit and more than 30 came for the poetry reading. Thank you to the artists for gracing our gallery with such beauty. And a special thankyou to Daksha for creating landscape art that makes coming into the building so much more inviting and interesting.

Master labyrinth builder and labyrinth scholar Chris Farrow-Noble, with the assistance of Tony Ferrara and his grandson, Declan, has created a long dreamed of labyrinth in the woods behind Reversing Falls Sanctuary. Thank you, Chris and helpers, for this gift so full of peace and love. It will be a solace for many in the years to come.

Moving Yard Sale

Sat. Sept. 10, 9-3

29 Drury Lane, Brooksville
[off Bagaduce Rd/Rt. 175]

Co-sponsored by & benefitting Reversing Falls Sanctuary
(50% of sales to go to RFS)

Cash/check only. No clothes, toys or early birds. Information: 326-8930

Want to let go of some belongings?

If yes, confirm with Chris at 326-8930

Bring table, come set up at 7 a.m. Handle sales from your, table.

Volunteers Needed

Please call Chris F-N at 326-8930

For Fri. Sept. 9:

Bring large tables and some chairs from RFS and BUMC to 29 Drury Ln.

For Sat. Sept. 10:

7 am: Help set up at 29 Drury Lane (Farrow-Noble/Noble items)

9 am to 3 pm. (or in shifts): Parking

9-12 pm; 12-3 pm: Cashiers

3 pm: Take down: Contributors responsible for own remaining items.
Farrow-Noble/Noble remaining items to go to Good Will/Ellsworth
Return large tables to RFS & BUMC

Refreshments

If you are inspired to bake or bring refreshments for donation to RFS,
please do so. We'll need a separate table & cashier.

Please let Chris know.

Coming Events

Mon. 9/5, 7 p.m. William Jiordan & Caroline Cotter concert

Thu. 9/8, 8:30 a.m. Priceless Yoga with Daksha
10 a.m. Labyrinth Walk

Fri. 9/9, 4 p.m. Community Sing

Sat. 9/10, 9 a.m. to 3 p.m. Farrow-Noble and Noble and Reversing Falls
Sanctuary moving yard sale at 29 Drury Lane. See details above.

Sun. 9/11, 4 p.m. Women's Circle

Wed. 9/14, 4 p.m. Program Team meets

Thu. 9/15, 8:30 a.m. Priceless Yoga with Daksha
10 a.m. Labyrinth Walk

Fri. 9/16, 4 p.m. Community Sing

Sun., 9/18, 4 p.m. Autumn Equinox Community Ritual and Celebration

Wed. 9/21, 4 p.m. Leadership Team meets

Thu. 9/22, 8:30 a.m. Priceless Yoga with Daksha
10 a.m. Labyrinth Walk

Fri. 9/23, 4 p.m. Community Sing

Sun. 9/25, 4 p.m. Nourishing/Flourishing and Community Consciousness
series begins. Watch for more detailed announcement.

Mon. 9/25 – Fri. 9/30, Windowdressers Build at the Community Center

Thu. 9/29, 8:30 a.m. Priceless Yoga with Daksha
10 a.m. Labyrinth Walk

Fri. 4 p.m. Community Sing

Information: www.reversingfalls.org