



## EBB AND FLOW

Reversing Falls Sanctuary

October, 2016

On Sunday Sep. 18 the Reversing Falls Sanctuary community celebrated the Fall Equinox. Susan Merrill and Pat Wheeler planned the event. At the sanctuary each participant offered a gift to another (a symbol of something they loved and were willing to give away), then expressed something they were thankful for in the year past and something hoped for in the year ahead. After we processed down to the Reversing Falls of the Bagaduce, we threw into the fire a symbol of something of which we needed to be free, after thanking it for its lessons. This process was intended to transform a burden in our lives through the alchemy of fire and through the power of command ritual. It struck me that so many comments offered by individuals seemed to speak to the life experience of so many others present. Expressions of gratitude for the life giving water of the river were expressed in readings by Gerry Bryan, from John O'Donohue by Carole Pascal, and in a song by Susan Merrill. We dressed in seasonal costume for the occasion, and the photo above and the several photos that follow are courtesy of Pat Wheeler.





A photo of Pat Wheeler, de facto “Artistic Director” of Reversing Falls Sanctuary



In this photo we see Daksha, dressed for the Equinox, and some of the landscape art in brick and stone that she created as part of our participation in and celebration of *Acadia: Nature as Teacher*. More Cobble It Together photos follow. Photographs courtesy of Daksha Baumann.





Photo of Ray Yardy

## 2016 Windowdressers

Volunteer Chair Tom Adamo writes:

Hello All,

What can I say other than without you our 2016 Build would not have been the success it has been. Thank you so very much. To live among you is a privilege and an honor. You are an illustration of what is good in a world that can be better. Your spirit, work ethic, commitment to that which is larger than self, your humor, tolerance and desire to help others is commendable. We created an oasis of sanity and harmony in a world that can be at times so insane and disharmonious.

I commend you with respect and humility. It has truly been a wonderful and of course fun experience as we build community and are socially responsible. And Oh! Did I say while having fun!! Thank you again.

Particular thanks are owed to:

Tom Adamo, Facilitator Steering Committee and Volunteer Coordinator

Karen Adamo, Food Coordinator

Tony Ferrara, Steering Committee & Materials Pick Up Team

Bill Mulliken, Steering Committee & Wrap Instructor

Ray Yardy, Production Coordinator  
Bill MacDowell, Steering Committee, Internal Music Coordinator  
Lin Parker, External Music Coordinator & Musician Recruiter

Thanks to all the workers, the musicians, and the food providers including Tinder Hearth Bakery. Windowdressers Build is an outreach of Reversing Falls Sanctuary with thanks to the co-sponsoring organizations who provided monies and volunteers including St. Francis Episcopal Church and the Brooksville United Methodist Church



Last year, Tony Ferrara carried most of the preliminary work, planning and organization for the window build. This year he has exemplified the leadership style we encourage at RFS: namely to step back out of the center to allow others to step in and offer their skills, talents and imagination. Thanks, Tony.

Window build photos follow. Photographers include R...J...P... & Bill Mulliken





More photos at

<https://www.dropbox.com/sh/cufk7v0q9ixls5s/AAAk6pHowHXsHPXkVXAWN5pDa?d1=0>

## COMING EVENTS

Wed. 10/12, 4 p.m. Program Team meets

Thu. 10/13, 8:30 a.m. Priceless Yoga  
9:30 a.m. Labyrinth Walk

Fri. 10/14, 4 p.m. Community Sing

Sun. 10/16, 4 p.m. A Shaker Spiritual Experience: Songs with Jackie Pike accompanied by Anne Parker on Hammered Dulcimer. Jackie and Gary will offer an introduction to Shaker history, Shaker spirituality which focuses on unity and simplicity, and a look at the Sabbathday Lake community today. Sabbathday Lake is the only surviving Shaker community in the world, one that Jackie visits frequently.

Tue. 10/18, 1-3 p.m. Play rehearsal  
3-6 p.m. Piano lessons

Wed. 10/19, 9-12 noon, Play rehearsal

Thu. 10/20, 8:30 a.m. Priceless rehearsal  
9:30 a.m. Labyrinth walk

10-12 a.m. Play rehearsal

Fri. 10/21, 4 p.m. Community Sing

Sun. 10/23, 4 p.m. *Elizabeth Bishop in Brazil*, a play by Monique Fowler

Tue. 10/25, 3-6 p.m. Piano lessons  
7 p.m. Private event

Thu. 10/27, 8:30 a.m. Priceless Yoga  
9:30 a.m. Labyrinth walk

Fri. 10/28, 4 p.m. Community Sing

Sun. 10/30. 4 p.m. Fred van Liew, a national expert on the subject, will present a program on Restorative Justice.

Information on Reversing Falls Sanctuary and events at [www.reversingfalls.org](http://www.reversingfalls.org)