

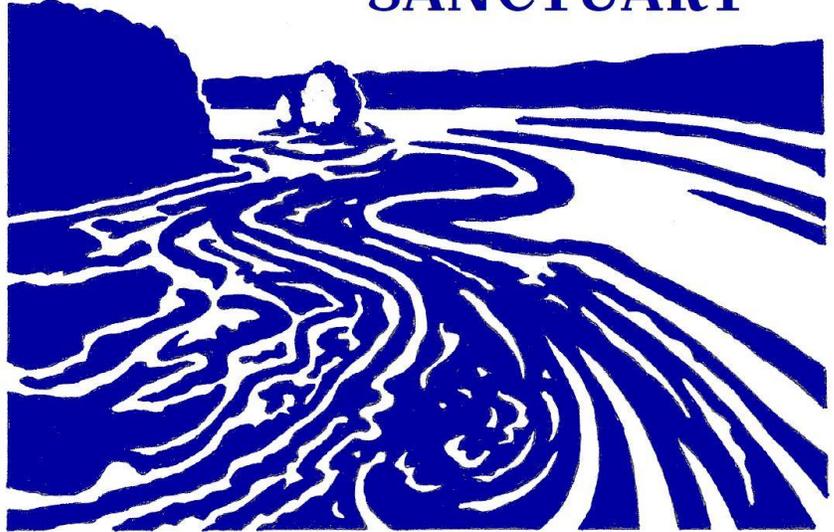
REVERSING FALLS SANCTUARY

Ebb and Flow

March 2018

*Reversing Falls
Sanctuary*

Newsletter



Awakening the Spirit will be the theme of a winter/spring series on three successive Sundays in March at the sanctuary. *Blessings Found in the Ordinary* will be the topic on March 11. Two members of the local community will discuss a blessing they have found in the ordinariness of their daily lives, however extra-ordinary their lives have been and however extra-ordinary we know them to be. Their presentations will be followed by a community conversation. We invite you, as you prepare to participate with us, to ask yourselves: Am I attuned to blessings that come to me every ordinary day? Have I received a blessing on an ordinary day that brought healing, change, transformation, love? However ordinary my life appears to myself or others, do I see that I have been blessed?

Blessings Found in the Wound will be the subject on Sunday March 18. Again, two community members will share how they found blessing in a wound in their lives. As we prepare for a community conversation, we might reflect on how an illness or accident, the death of a loved one, a broken relationship, a betrayal of friendship, recovery from abuse or addiction has been or has become a blessing to us.

Blessings Found in Relationship will be the topic of the third and final program in the series on Sunday, March 25. Two community members will be featured. It is the hope of the program team that the conversation that follows will be concerned with the full breadth of our relationships — family, friends, neighbors, colleagues, those with whom we disagree or find disagreeable, and including our relationship with nature [animals, plants, rocks, soil, the sea, the planet earth, the cosmos]. In short, bring to the conversation whatever and wherever blessing finds or has found you.

Coming Events

Fri. Mar. 2, 4 p.m. Community Sing
6 p.m. *Infinity, the Ultimate Trip*,
fourth film in *Uplifting the Spirit* series.

Sun. Mar. 4, 4 p.m. Women's Circle

Fri. Mar. 9, 4 p.m. Community Sing

Sun. Mar. 11, 4 p.m. *Blessings Found in the Ordinary*, the first program in the winter/spring series, *Awakening the Spirit*.

Fri. Mar. 16, 4 p.m. Community Sing

Sun. Mar. 18, 4 p.m. *Blessings Found in the Wound*, the second program in the *Awakening the Spirit* series.

Fri. Mar. 23, 4 p.m. Community Sing

Sat. Mar. 24, 1-4:30 p.m. *Water is Life*, a Water Quality Protection Forum at *Craig Brook National Fish Hatchery* in Orland. Reversing Falls Sanctuary is a co-sponsor for this event and Ralph Chapman is one of the presenters.

Sun. Mar. 25, 4 p.m. *Blessings Found in Relationship*, the last program in the *Awakening the Spirit* series. The program at the sanctuary will be followed by a potluck dinner at the home of Elaine and Michael Hewes where we will experience the blessing of sharing food and an opportunity for continuing our conversation.

Fri. Mar. 30, 12 noon – 3 p.m. Good Friday labyrinth walk



Photo of entrance to the sanctuary by Daksha Baumann
Photo of the Penobscot River at Nibezun by Amy Thompson

Information: www.reversingfalls.org or visit the Reversing Falls Facebook page

A photo gallery
From Feb. 24

Sherri Mitchell reading and signing
her new book:
*Sacred Instructions: Indigenous Wisdom
for Living Spirit-Based Change*



Photos
by
Anne Ferrara

Thank you to Sheila
Moir, Annie Guppy,
Elaine Hewes, Anne

Ferrara, Tony Ferrara for bookmarks, purchaser notification,
food, parking, and to all the above for planning and
coordination.

