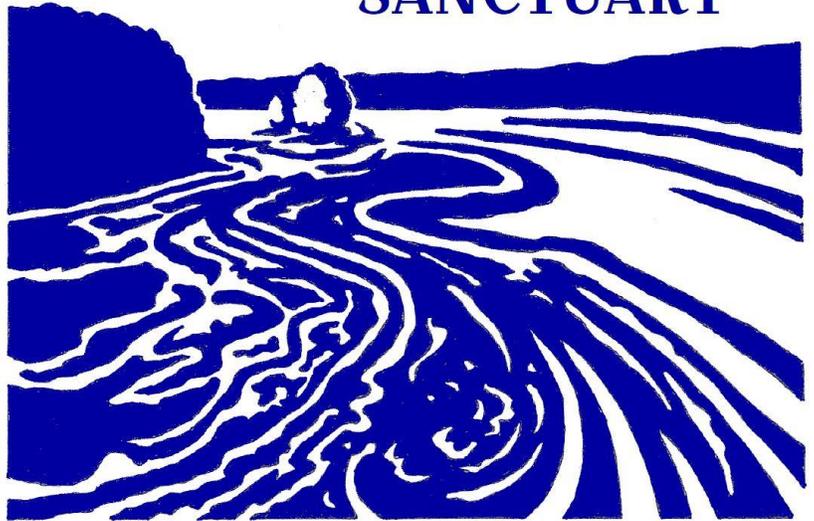


REVERSING FALLS SANCTUARY

Ebb and Flow

*Reversing Falls
Sanctuary
Newsletter*

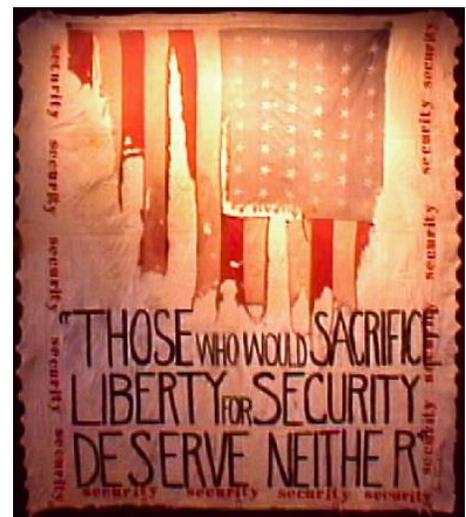
March 2021



Expressions of Creative Resistance

The Reversing Falls Sanctuary Winter/Spring series this year will gather the community via Zoom. Participants will be offered opportunity to use any art form to their liking to create an expression of resistance to one or more of the manifestations of oppression we face in this country and the world. The first session, this coming Sunday, March 14 at 4 p.m., will feature conversation about what “Creative Resistance” might mean with sharing some examples. Then people will have two weeks to think about what they might want to create (anything from a song to a new bread recipe to a piece of visual art to

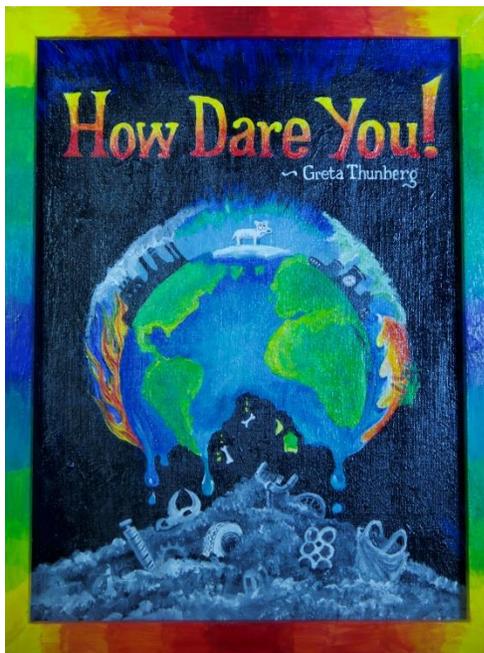
who knows what?) Then on Sunday the 28th we will regather for a show and tell with participants invited to present their “Expression of Creative Resistance” to the company.



YOU ARE INVITED TO PARTICIPATE IN AN
**INTER-GENERATIONAL CLIMATE
CONVERSATION**

It is a rare opportunity for each generation to learn about each other and from each other.

- For **Elders**, to discover what our youth think about the climate situation in which



they find themselves

- For **Youth**, to find out how elders feel about the world they are leaving behind for the young
- For **Adults**, to explore how to mentor/parent young children who are becoming increasingly aware of the climate crisis

Rob Shetterly of *Americans Who Tell the Truth* will moderate the discussion. The event is convened by *Climate Action Net* and the youth *Climate Empowerment Project*, and is co-sponsored by the Blue Hill Public Library.

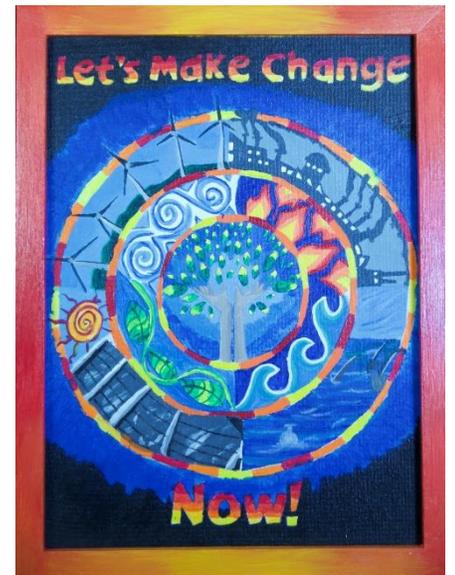
More information at www.climateactionnet.org

MARCH 20th at 4 PM

Registration will be limited. Please register at:

<https://bhpl.libcal.com/event/7531419>

The graphics on this invitation are from a set of 17 climate note cards created by 8th grade Deer Isle Stonington students, and can be ordered on the CAN Website.



The Tent Project Winter 2021

As Thomas Moore suggests, so much happens during the "Dark Nights of the Soul" and so it is at Tapley Farm under The Tent. Dark and cold days have made for opportunities to plant seeds of community in Brooksville as the farm and The Brooksville School partner together. Principal Cammie Fowler has shared this vision with the Town Master Plan Committee and members of the School Board. Our effort is to make food security real here making food available to our school community and expanding this to include the remaining community.

Over the winter, we have discussed storing food for winter use using freezing as the approved option. We have also discussed locating a skilled farmer/gardener for a position that will coordinate growing and our school connection. Even with our wonderful volunteers now, to really meet the demands of raising food to this degree will become a much more serious endeavor. We are all excited about this as the farm has plenty of land to use and the will is here! This step will be one of many The Tent is exploring making local climate change resilience a reality. There has been an emerging vision of The Tent Project as it begins to fulfill the real needs of our local town. A local solution for short-term quality and long-term resilience, a win-win all around.



Also, the farm is still in the process of trying to make all this land be put into conservation for farming and education. Being waterfront and rich with wildlife, flora, and fauna, our vision is to make this campus an integral part of our school and education for our youth and beyond. The farm campus also has the possibility of being used for various sports activities and local events. This vision is to make the farm viable for the future and to have the use of it available to our community through the school and not have building lots sold off to a few people. Partnering with our school is the first most important step in this process. Together, farming, education, and art can merge on this historic and beautiful farm.

Also, we have partnered with The Bagaduce Theater and Monique and Cammie both shared the vision of students, at the farm, with small readings and student creative work being shared. Maybe some Sea Chanties and paintings of the gardens will emerge as soon as we can gather again. It is so fun to imagine this.

So, this is our winter update for our Reversing Falls Community. We are grateful for your endless support and look forward to seeing you here soon too.

Our very best, stay safe, and love to you all,

Carol & Dick Gregor

RFS Treasurer's Report for 2020

Total Monetary Assets Jan. 1, 2020		\$28, 881.51
Total Deposits	\$19,550.85	
Total Withdrawals	31,006.24	
Total Monetary Assets Dec. 31, 2020		\$17,426.12

Treasurer's Report Feb. 16, 2021

Starting Balance Jan 11, 2021		\$18,744.15
Total Deposits	\$1240.79	
Total Withdrawals	4,267.29	
Balance as of Feb. 16, 2021		\$15,717.65

Ralph Chapman, Treasurer

“My Grandmother’s Hands” & Upcoming Readings on Race

Dyads and Triads are working together as they implement the practices Resmaa Menakem recommends in *My Grandmother’s Hands*. It is not too late to join us. Contact me, Connie Jenkins or Kate Mrozicki.

Kate has sent this communique regarding upcoming Readings on Race.



Once I was you by Maria Hinojosa discussion on zoom [register here](#) *Saturday March 27th, 2-4pm*

In the book, award-winning journalist Maria Hinojosa shares her intimate experience growing up Mexican American on the south side of Chicago and documenting the existential wasteland of immigration detention camps for news outlets that often challenged her work. She offers a personal and eye-opening account of how the rhetoric around immigration has not only long informed American attitudes toward outsiders, but also enabled willful negligence and profiteering at the expense of our country’s most vulnerable populations. Copies of the book will be available to check out in advance at the library. Additional readings and more information can be found on the [Readings on Race webpage](#).

April discussion- *Minor Feelings: An Asian American Reckoning* by Cathy Park Hong

Other:

[Dismantling Racism with Michelle C. Johnson](#) *online April 17th*

hosted by the Nurtured Life and Whole Health Center in Bar Harbor

This workshop is designed to foster recognition of patterns of oppression, power, and privilege and explore how to respond to the current cultural challenges through practices of self-study, contemplation and collective action. We will deepen our understanding of identity, culture, institutional and cultural racism, and internalizations through discussion and embodiment practices, strengthening our connection to self, our bodies, Nature, and our communities.

Working for Freedom on all Fronts: the Radical Dharma framework for liberation [8 part video series](#) with Jasmine Sydullah, Rev. angel Kyodo williams and Lama Rod Owens. So many powerful concepts here. I found the discussion of focusing on proximities to power over binaries of identity politics really helpful (some in part 1 and some at the beginning of part 2)

ONLINE Racial Equity, Implicit Bias & Diversity Training from Racial Equity and Justice in Bangor *March 26th 9-2pm* [register here](#)

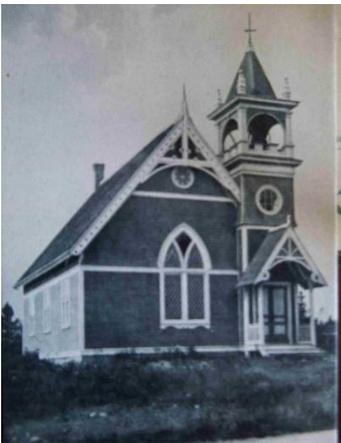
New Moon Teachings: Wabanaki Place Names *March 13th, 6pm*
from Friends of Katahdin Woods and Waters National Monument [register here](#)

LM/Racial solidarity gatherings

wear masks, bring signs

-Ellsworth 1st Sundays 2-3pm in front of Flex-it Cafe- Black Spirit 4 Life (formerly BLM Ellsworth)

-Bucksport Saturdays 12:30 Verona/Bucksport bridge- Bucksport Solidarity Attachments area



CONNECT TO WIFI AT RFS

Network: RFS

Password: sanctuary

Enjoy a new community internet connection from the comfort of your vehicle.

Use available all hours EXCEPT when an RFS program is occurring.

Nominate The Tent Project

Healthy Acadia is honoring local organizations who are community health champions. We have an opportunity to nominate The Tent Project.

Please consider nominating an organization, a group, or an individual whose work to impact community health in one (or more) of our six Focus Areas inspires you:

[Strong Beginnings](#)

[Healthy Aging](#)

[Active and Healthy Environments](#)

[Healthy Food for All](#)

[Substance Prevention and Recovery](#)

[Health Promotion and Management](#)

To submit your nomination for an organization, a group, or an individual working or serving communities in Hancock or Washington County, Maine, please complete and submit [this form](#) by no later than 11:59 p.m., Tuesday, June 01, 2021.

Based on your nominations, we will select six (one per Focus Area) **Community Health Champions** from each county (Washington and Hancock) to receive our **Community Health Champion** award.

Coming Events

Sunday, 3/14, 4 p.m. *Expressions of Creative Resistance*

Monday, 3/15, 10 a.m. Chair Yoga with Daksha [and subsequent Mondays]
4 p.m. Board of Directors meets

Wednesday, 3/17, 2 p.m. Knit, Sew and Chat with Daksha [and subsequent Wednesdays]

Thursday, 3/18, 3:30 p.m. Garden Talk with Daksha [and subsequent Thursdays]

Saturday, 3/20, 4 p.m. Inter-generational Climate Conversation

Sunday, 3/28, 4 p.m. *Expressions of Creative Resistance*

Sunday, 4/11, 4 p.m. Women's Circle

Photo Credits: Tony Ferrara carrying artwork by Pat Wheeler - Peter Robbins
Security Blanket by Pat Wheeler – Pat Wheeler
Student Climate Crisis artwork – Cynthia Pease
The Tent Project Greenhouse – Carol Gregor
Heart – Lynnsey Carroll
RFS building in early photo – Ralph Chapman

Reversing Falls Sanctuary
P.O. Box 265, Blue Hill 04614

www.reversingfalls.org