

*Ebb and Flow*

*Reversing Falls  
Sanctuary  
Newsletter*

*June 2021*

**REVERSING FALLS  
SANCTUARY**



P.O. Box 265, Blue Hill 04614

### Grant Received

RFS has received a Maine Community Foundation Community Building grant that will begin to be implemented this summer. This grant funds the purchase of equipment such as a webcam, microphone, tripod, headset, hyperdrive, cables, laptop and software. More importantly it also funds a consultant to train some folks in the use of all this stuff. The grant will also partner RFS with the Brooksville Library. We will share trainings, equipment, and the consultant and so enhance the program capacities and community outreach for both of our organizations.



RFS is deeply grateful to the Maine Community Foundation for their encouraging support that will enable our community to stay connected, engaged and strong.

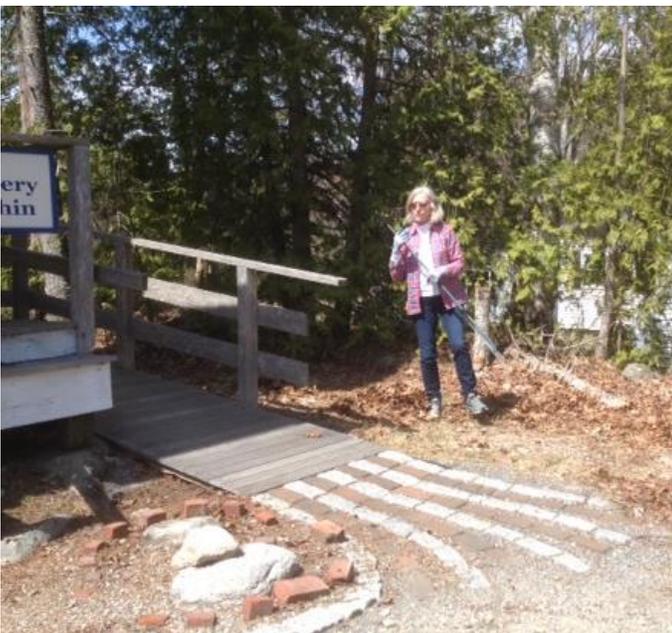
Photos in this newsletter are from the recent RFS workday and are taken by Pat Wheeler or by Lisa Mazzarelli.

## Zoom Events at RFS

This past winter a group of knitters, sewers and gardeners met over ZOOM to share our works in progress, tips about plants and pests and chat together in fellowship as relief to some of that pandemic isolation we've all been subjected too. Now that spring is here bringing great weather and too many garden tasks AND a partial easing to social gatherings, these two groups are suspended until further notice. If isolation protocols return to limit our social connections OR when the winter weather keeps us indoors, these ZOOM meetings will return. Do you have an idea for a ZOOM group you'd like to start?



## Building and Grounds Use and Reopening



From the Reversing Falls Sanctuary Board of Directors: Updated Covid protocols as they shift and unfold will be reviewed before each event, and a Covid precaution statement will be posted for that event. If a meeting is outside, attendees will be fully vaccinated OR wear a mask. Bathroom use will be limited to one person at a time. Masks and sanitizer are available at RFS.

## Summer Solstice Ritual

An in person outdoor Summer Solstice ritual is being planned by the Program Team for Saturday, June 19 at 4 p.m., if state of the virus in this locale permits. When in person meetings in the building are again permitted, a ritual will be held to honor and grieve the hundreds of thousands dead in this country and the millions of dead in the world.

## From Mia Kanazawa

Greetings all,

It is lovely here this time of year in Maine, so we will return to in person classes on Mondays beginning May

24th with classes both live and remote. The Brooksville ballfield worked very well for us last summer with its expansive flat space, parking, portapotty, and shelter. It even had a resident osprey nest (we'll see if they returned! In the event of rain, class will be remote via Zoom. And, we will continue to follow current Maine CDC guidelines.



Mondays in person at the ball field: 9-9:45 qigong; 9:45-10:30 Tai chi for health. Wednesdays are remote on Zoom. 9-10 qigong; 10-11 Yang style tai chi. Please notice that there will be 2 weeks of *NO classes* in June 14 to 24.

Call or email Mia Kanazawa for more information and to register. 207/422-4010 or [miamarktwo@gmail.com](mailto:miamarktwo@gmail.com)

## May Treasurer's Report

Starting Balance	\$18,149.57
Deposits	
Grant	\$5,251.00
Donations	1,057.20
Interest	1.59
Total Deposits	\$6,309.79
Withdrawals	\$985.90
Ending Balance	\$23,473.46

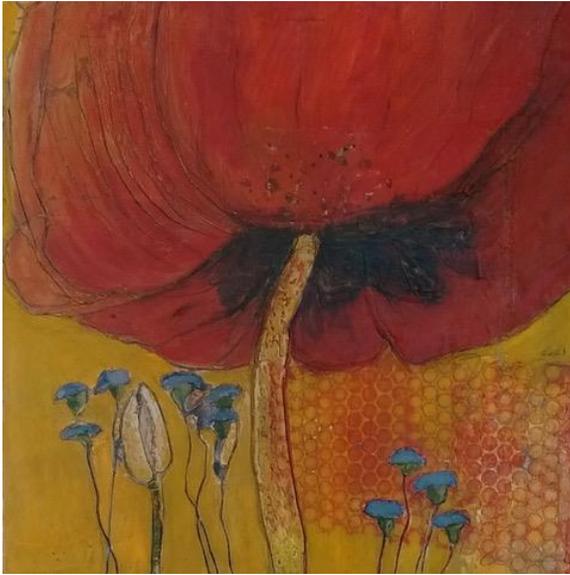


## Coming Event: Women's Circle

Sunday, June 6, 4 p.m. via Zoom.

## Community News

Richard and Carol Gregor of the Tent Project have scheduled a series of events at their labyrinth for the summer season. Expect their poster announcement in the next few days.



Pat Wheeler and Louise Bourne are among painters exhibiting at the Cynthia Winings Gallery. Opening reception is this Sunday, May 30, 4 to 6 p.m. Poppy photo by Pat Wheeler.

Sally Clinton has returned to the peninsula and is offering her full spectrum of yoga classes and ayurvedic teachings.

According to the news and to anecdotal report, folks are searching desperately for housing these days. Dick and Melody Lewis-

Kane have a summer rental available August – September and long-term starting in October. Info 359-2320  
See attached poster.

Thanks to Daksha Baumann, Mia Kanazawa, and Ralph Chapman for their contributions to this newsletter.

Send correspondence or contributions to Reversing Falls Sanctuary  
P.O. Box 265  
Blue Hill, ME 04614

Information is at [www.reversingfalls.org](http://www.reversingfalls.org) where contributions can also be made via PayPal.

