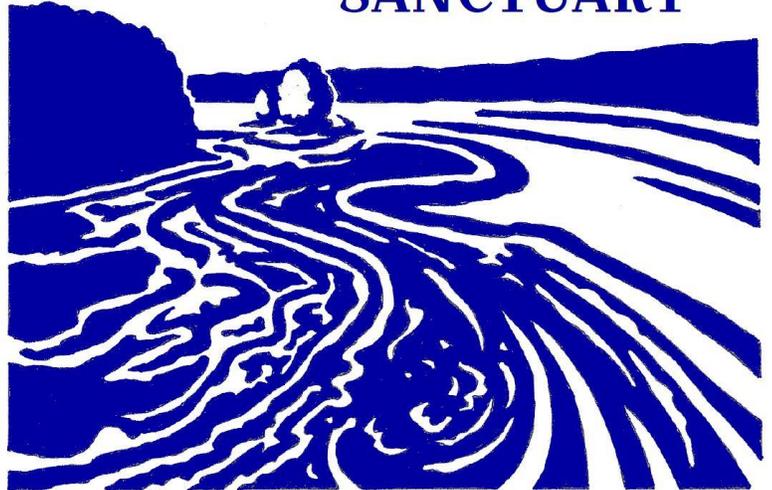


*Ebb & Flow*

*Reversing Falls  
Sanctuary*

*December Newsletter  
2019*

# REVERSING FALLS SANCTUARY



*Advent Spiral, 12/22/2019*

Each year, around about Thanksgiving, I begin anticipating Reversing Falls Sanctuary's Advent Spiral ritual. Thanks to Bec Poole and Ralph Chapman, who celebrated this ceremony with their growing children and then invited the RFS community in to join them, this gathering of darkness and light seems to touch the hearts of many. As you may know, the ritual is an inclusive one that invites all participants to "walk" the story that is informing their lives at this moment. For some it is the Universe Story that remembers the Big Bang and the 14 billion year journey we have been on since. This time of year also invites our diverse membership to honor the Buddha, or the Winter Solstice, or Hanukkah or Christmas.

All these "stories" acknowledge the darkness of this Earth, the brokenness of humanity and our deep hunger for light and wholeness. While we may find different sources of meaning in our lives, we rejoice in our walking together during these very troubled times. We rejoice in the beauty of nature that fills the Sanctuary for this ritual. We rejoice in the gift of silence, the gift of music, the gift of candlelight.



Photo by Julie Cleveland.

We end this gathering singing together, “*May the long time sun shine upon you, all love surround you. And the pure light within you, guide your way home.*” How blessed are we that we can be light for one another and for our grieving world. *Anne Ferrara*



## *Harvest Supper*

On November 17, members of the RFS community gathered for a harvest supper to celebrate the completion of a working inside bathroom and a galley kitchen and to say thanks to all the volunteers who have worked long and hard under the direction of Daksha Baumann and David Zachow. A particular focus of the evening was to acknowledge with thanksgiving the many years and the many suppers and fund raisers women in North Brooksville devoted to

raising money to maintain this historic building. We were delighted to have with us descendants of three of those women: Betty Fowler, Marilyn Lymburner, and Avis Poole.



We gathered to the music of Mike and Susie Fay and were treated to a video of Avis Poole and Eunice Sanborn discussing ice harvesting on Walker Pond with Kathleen Caldwell. And then we shared a harvest meal, worthy of those great meals of old, with stews prepared by Carol Simanton, Elaine Hewes, Annie Guppy and Anne Ferrara.

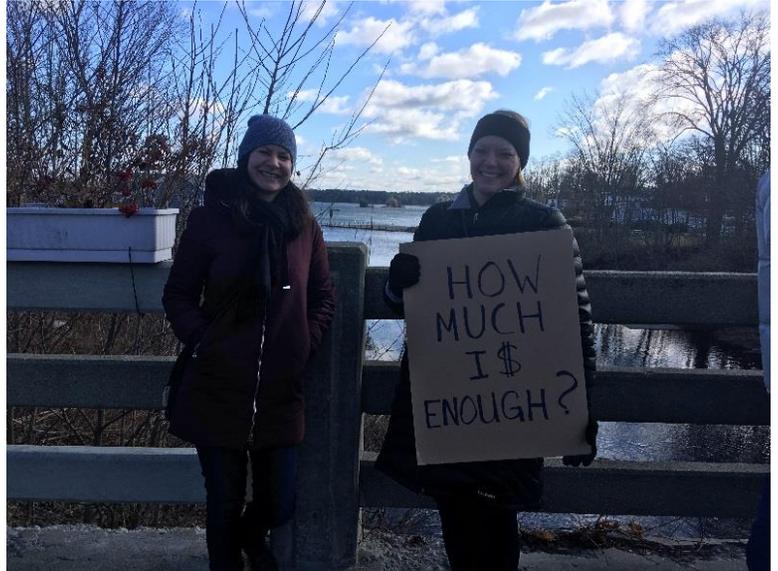


An impromptu band joined Mike and Susie to lead us in singing.

Photos by Anne Ferrara.

## *Black Friday Climate Action*

In response to a call from the Climate Action Network, folks gathered in solidarity with climate activists around the country to speak to the mad dash to consume that is a significant factor in fueling the climate emergency that grips the earth.



After a vigil on the bridge over the Mill Stream in Blue Hill village, participants paraded up to the Blue Hill Congregational Church for conversation.



Photos by Anne Ferrara.

## *Coming Events*

Thursday, 12/5, 4 p.m. Program Team meeting

6 p.m. Meditation in the Tibetan Buddhist Tradition

Sunday, 12/8, 4 p.m. Women's Circle

Monday, 12/9, 5 p.m. **[Note the time change]** 12 Step meeting

Thursday, 12/12, 6 p.m. Meditation

Monday, 12 16, 5 p.m. 12 Step

Thursday, 12/19, 6 p.m.  
Meditation

Sunday, 12/22, 4 p.m. Advent  
Spiral

Tuesday, 12/24, 4 p.m.  
Christmas Eve service of  
Lessons, Carols and Candles  
at the Brooksville United  
Methodist Church



Credit for Advent Spiral uncertain

Information: [www.reversingfalls.org](http://www.reversingfalls.org)

